


# Lunch

## September 2018

**Grain, Fruit, Meat, Vegetable, Milk**

St. Luke Early Childhood Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 	4 Spaghetti/ Ground Beef Corn Apple Milk	5 Pizza Carrots Banana Milk	6 Beans/ Rice Mixed Vegetable Mixed Fruit Milk	7 Spaghetti w/ Cheese Salad Apples Milk	8
9	10 Chicken Alfredo Corn Peaches Milk	11 Ham Sandwich Carrots Apples Milk	12 Pizza Carrots Applesauce Milk	13 Veggie Soup (noodles w/ chicken Oranges Milk	14 Macaroni and Cheese Mix Vegetables Mix Fruit Milk	15
16	17 Chicken Tacos Corn Peaches Milk	18 Cheese Toast Carrots Pineapples Milk	19 Pizza Salad Mix Fruit Milk	20 Rice w/ Chicken Corn Peaches Milk	21 Beef and Veggie Stew Cornbread Oranges Milk	22
23	24 Beans and Rice Green beans Peaches Milk	25 Cheese Toast Corn Mix Fruit Milk	26 Pizza Carrots Peaches Milk	27 Chicken Alfredo Green beans Mix Fruit Milk	28 Cooked Beef w/ Rice Corn Mix Fruit Milk	29
30						