


Breakfast

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2 ECC and Luke's Place Closed	3 Sausage and biscuit 100% Juice Milk	4 Cheerios Bananas Milk	5
6 ECC OPENS	7 Cereal Peaches Milk	8 Waffles Applesauce Milk	9 Pancakes 100% Juice Milk	10 French Toast Mandarins Milk	11 Waffles Bananas Milk	12
13	14 Pancakes Applesauce Milk	15 French Toast Applesauce Milk	16 Waffles Mandarins Milk	17 French Toast Mandarins Milk	18 Cream of Wheat Bananas Milk	19
20	21 MLK Day ECC and Luke's Place Closed	22 Cereal Pineapples Milk	23 French Toast Applesauce Milk	24 Sausage Biscuits Bananas Milk	25 French Toast Peaches Milk	26
27	28 Cheerios Applesauce Milk	29 French Toast Mandarins Milk	30 Cheerios 100% Juice Milk	31 Pancakes Mandarins Milk		

AM Snack

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2 ECC and Luke's Place Closed	3 Toast Applesauce	4 Chex Mix Peaches	5
6	7 Toast Applesauce	8 Bagel Mandarins	9 Yogurt Strawberries	10 Chex Mix Peaches	11 Goldfish Mandarins	12
13	14 Goldfish Strawberries	15 Cheerios Bananas	16 English Muffin Strawberries	17 Bagel Yogurt	18 Toast Bananas	19
20	21 MLK DAY ECC and Luke's Place Closed	22 Chex Mix Mandarins q	23 Toast Bananas	24 Chex Mix Peaches	25 Toast Bananas	26
27	28 Chex Mix Bananas	29 Cheerios Applesauce	30 English Muffin Peaches	31 Cheerios Peaches		

Lunch

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2 ECC and Luke's Place Closed	3 Ham Sandwich Peaches Carrots Milk	4 Grilled Cheese Mixed Fruit Cucumbers Milk	5
6	7 Chicken Tacos Mandarins Corn Milk	8 Veggie Soup w/ Chicken Apples Milk	9 Pizza Peaches Carrots Milk	10 Chicken w/ Rice Mixed Fruit Mixed Vegetables Milk	11 Cheese Toast Apples Salad Milk	12
13	14 Chicken Tacos Peaches Corn Milk	15 Ham Sandwich Apples Carrots Milk	16 Pizza Apple Salad Milk	17 Veggie Soup w/ Chicken Mandarins Milk	18 Macaroni and Cheese Mixed Fruits Mixed Vegetables Milk	19
20	21 MLK DAY ECC and Luke's Place Closed	22 Veggie Soup w/ Chicken Bananas Milk	23 Pizza Apples Carrots Milk	24 Chicken w/ Rice Pineapple Corn Milk	25 Beef and Veggie Soup Oranges Toast Milk	26
27	28 Rice and Beans Peaches Green Beans Milk	29 Spaghetti w/ Cheese Mixed Fruit Corn Milk	30 Pizza Mandarins Salad Milk	31 Mac and Cheese Peaches Green Beans Milk		

PM Snack

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2 ECC and Luke's Place Closed	3 Rice Cake 100% Juice	4 Toast Mandarins	5
6	7 French Fries 100% Juice	8 Chex Mix Peaches	9 Toast Bananas	10 Cheerios Applesauce	11 Rice Cake Peaches	12
13	14 Bagel Yogurt	15 Corn Muffin Applesauce	16 Goldfish Yogurt	17 Corn Muffin Peaches	18 Bagel Applesauce	19
20	21 MLK DAY ECC and Luke's Place Closed	22 Cheerios Pineapples	23 Bagel Peaches	24 Yogurt Strawberries	25 Goldfish Pineapples	26
27	28 Chex Mix Milk	29 Corn Cheese	30 English Muffin Peaches	31 Bagel Strawberries		