

Breakfast Menu

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sausage and Eggs Peaches Milk	2 Cheerios Pineapples Milk	3 Pancakes Peaches Milk	4 Waffles Bananas Milk	5
6	7 French Toast Tangerines Milk	8 Potato and Eggs Pineapples Milk	9 French Toast Peaches Milk	10 Waffles Pineapples Milk	11 Cheerios Bananas Milk	12
13	14 Pancakes Applesauce Milk	15 Sausage and Eggs Pineapples Milk	16 French Toast Peaches Milk	17 Waffles Pineapples Milk	18 Cheerios Tangerines Milk	19
20	21 Sausage and Biscuit Applesauce Milk	22 French Toast Mandarins Milk	23 Potato and Egg 100% Fruit Juice Milk	24 French Toast Banana Milk	25 Cheerios Bananas Milk	26
27	28 Sausage and Eggs Peaches Milk	29 Cheerios Pineapples Milk	30 Pancakes Peaches Milk	31 Waffles Bananas Milk		

A.M Snack Menu

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Toast w/butter Pineapple	2 Yogurt Strawberries	3 Rice Cake 100% Fruit Juice	4 Biscuit Peaches	5
6	7 Cheerios Bananas	8 Toast w/strawberry jelly Applesauce	9 Toast w/butter Milk	10 Goldfish Orange Juice	11 Rice Cake Tangerines	12
13	14 Rice Cakes Bananas	15 Yogurt Tangerines	16 Toast w/butter Pineapples	17 Cheerios Milk	18 Goldfish Bananas	19
20	21 Cheerios Milk	22 Goldfish Banana	23 Toast Pineapple	24 English Muffin Peaches	25 Bagel Milk	26
27	28 Toast Pineapple	29 Yogurt Tangerines	30 Rice Cake 100% Fruit Juice	31 Goldfish Peaches		

Lunch Menu

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Spaghetti w/ beef Mixed Fruit Green Beans Milk	2 Pizza Salad Peaches Milk	3 Grilled Chicken Rolls Applesauce Mashed Potato Milk	4 Ham Sandwich Apples Peas Milk	5
6	7 Ground Beef w/peas Rolls Peaches Milk	8 Cheese Burgers Peaches Tater Tots Milk	9 Pizza Mixed Fruit Carrots Milk	10 Veggies Soup w/ Chicken Oranges Milk	11 Macaroni and Cheese Mixed Fruit Green Beans Milk	12
13	14 Spaghetti w/ Cheese Mixed Fruit Green Beans Milk	15 Grilled Chicken Rolls Strawberries Mashed Potato Milk	16 Pizza Salad Oranges Milk	17 Ham Sandwich Peaches Peas Milk	18 Cheese Toast Peaches Cucumbers Milk	19
20	21 Spaghetti w/ Beef Mixed Fruit Broccoli Milk	22 Ham Sandwich Tater Tots Peaches Milk	23 Pizza Mixed Fruit Carrots Milk	24 Quesadilla Mandarins Green Beans Milk	25 Cheese Burgers Oranges French Fries Milk	26
27	28 Spaghetti w/ beef Mixed Fruit Green Beans Milk	29 Pizza Salad Peaches Milk	30 Grilled Chicken Rolls Applesauce Mashed Potato Milk	31 Ham Sandwich Apples Peas Milk		

P.M Snack Menu

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Toast w/ grape jelly Milk	2 Cheerios Bananas	3 Goldfish Milk	4 Rice Cake Applesauce	5
6	7 Rice Cake Pineapples	8 Bagels Applesauce	9 Corn w/ Cheese	10 English Muffins Bananas	11 Goldfish Yogurt	12
13	14 Goldfish Yogurt	15 Cheerios Pineapples	16 Bagel Peaches	17 Yogurt Bananas	18 Toast w/butter Oranges	19
20	21 Carrots Peaches	22 Toast w/butter Bananas	23 Carrots Rice Cakes	24 Toast w/strawberry jelly Oranges	25 Goldfish Oranges	26
27	28 Toast w/grape jelly Milk	29 Cheerios Bananas	30 Goldfish Milk	31 Rice Cake Pineapple		